

### Fort Myers Beach

(Voted Fort Myers Best of The Beach!)

6231 Estero Boulevard  
Fort Myers Beach, Florida 33931

Located on the second floor of the Esterra Professional Center.  
Salon License E9973068.

Tel: 239.765.4 SPA (772)

### DiamondHead Beach Resort & Spa

2000 Estero Boulevard  
Fort Myers Beach, Florida 33931

Located adjacent to the resort lobby.  
Salon License CE9973068.

Tel: 239.463.0887

### Tarpon Point Marina

5971 Silver King Boulevard  
Cape Coral, Florida 33914

Located in The Promenade Shops adjacent to The Resort.  
Salon License CE9982397.

Tel: 239.945.6689

## hair design services

Sessions include a consultation, shampoo with relaxing scalp massage, conditioner, precision haircut, style and finish.

### Sessions

	Junior Stylist	Senior Stylist
Female Session	short from \$45	from \$55
	medium from \$50	from \$60
	long from \$55	from \$65
Male Session	from \$15	from \$25
Children 10 and under	from \$10	from \$15
Bang Trim	from \$10	from \$15
Beard Trim		\$15
Mustache Trim		\$7

### Hair Styling

	Junior Stylist	Senior Stylist
Consultation with Practice		
Special Occasion Up-Style		\$35
Consultation with Full Style or Up-do		short from \$55
		long from \$65
Special Occasion Style (up-style)		short from \$55
		long from \$65
Style for the Bride*		short from \$55
		long from \$65
Braiding		from \$25

\*Practice Styles not included

### Blow Outs

Blowouts are an excellent way to feel pampered and look fabulous for a special dinner, night out or the perfect finish after a massage or facial! Why not follow it up with a hot Make - Up Application?

Short	from \$35
Medium	from \$45
Long (below bra strap)	from \$55

Additional charge for flat iron or curling.

### Color Services

Color can soften features, warm skin tones, and express one's personality. We use the best in professional hair color, offering the utmost in coverage, condition, and longevity. Our stylists maintain the integrity of the hair while the coloring process is taking place. Whether enhancing your natural hair color, covering grey, or adding subtle or extreme highlights, let us customize your color!

	Junior Stylist	Senior Stylist
Retouch and Revitalize	from \$55	from \$65
Gentlemen's Designer Color	from \$35	from \$45
Full Foil	from \$90	from \$100
Dimensional Foil	from \$115	from \$125
Partial Foil	from \$55	from \$65
Single Foil		\$7
Pre-lighten and Tone	from \$105	from \$115

Corrective Color & Hair Extensions – Prices and times are based on consultation.

The above prices do not include a haircut or blow out.

## hair design services

Sessions include a consultation, shampoo with relaxing scalp massage, conditioner, precision haircut, style and finish.

### Shine Treatment

Our ammonia and peroxide free shine service is infused with UV-light inhibitors.  
Clear Shine Treatment from \$25

### Texture

Volume/Body Waves from \$65  
Spiral Wrap from \$150

Conditioning Treatments \$15

### Keratin Treatments

Keratin treatment prices are based on consultation only. All those wanting to receive a Keratin treatment for the first time will be required to book an appointment with one of our specialists for a consultation. There will be a \$15.00 consultation fee.

### Hair Removal

Full Leg with Bikini	\$90
Bikini	\$40
Full Leg	\$60
Half Leg	\$50
Back or Chest	\$50-\$85
Underarm	\$25
Lower Arm	\$30
Full Face (eyebrows, lip, chin, and any additional)	\$60
Lip or Chin	from \$15
Eyebrow Shaping	\$20
Eyebrow or Lash Tinting	\$25

## makeup services

### Makeup

Traditional Makeup includes foundation, eyes, cheeks and lips from \$75

### Airbrush Makeup

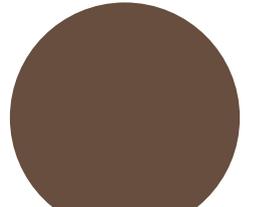
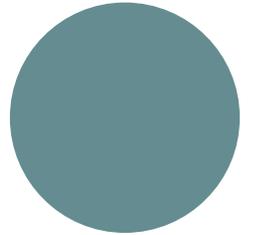
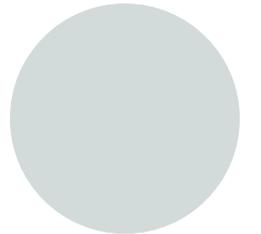
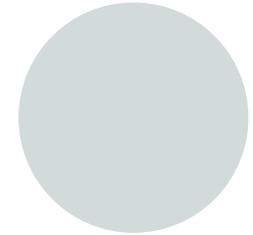
Airbrush Makeup is custom blended foundation to perfectly match your skin tone. Includes eyes, cheeks, and lips. A flawless finish that is perfect for photos!

Airbrush Makeup	from \$75
Air Brush Tan	full body \$45
	neck, décolleté, and arms \$25
Add any Eyelash Strips or Individual Lashes to Makeup Application	\$25
Fiber Lashes	\$10

# esterra

SPA & SALON

esterraspa.com • info@esterraspa.com



PRICES OF SERVICES ARE SUBJECT TO CHANGE AT ANYTIME.

PLEASE HAVE A CREDIT CARD AVAILABLE TO SECURE YOUR DAY SPA RESERVATION. A 24-HOUR CANCELLATION NOTICE IS NEEDED FOR ALL DAY SPA SERVICES TO AVOID A 50% CANCELLATION SERVICE FEE. NO SHOWS, UNFORTUNATELY, FORFEIT FULL AMOUNT. MASTERCARD, VISA, DISCOVER AND AMERICAN EXPRESS CREDIT CARDS ARE ACCEPTED.

EVERY EFFORT WILL BE MADE TO ACCOMMODATE LATE ARRIVALS THOUGH WE REGRET THAT EXTENSION OF SERVICES MAY NOT BE POSSIBLE.

WE DO NOT ASSUME RESPONSIBILITY FOR VALUABLES AND KINDLY REQUEST THAT YOU REFRAIN FROM BRINGING ANY. IN CONSIDERATION OF OTHER GUESTS, WE ASK THAT CELL PHONES AND PAGERS ARE TURNED OFF. SMOKING IS PROHIBITED.

PARTIES OF 3 OR MORE WILL AUTOMATICALLY BE CHARGED 18% GRATUITY.

BECAUSE OF THE NATURE OF OUR ENVIRONMENT, THE SPA IS FOR ADULTS ONLY. WELL-BEHAVED CHILDREN ARE ALWAYS WELCOME FOR SALON SERVICES.

SPAFINDER AND OR SPAWISH CARDS OR GIFT CERTIFICATES CAN NOT BE USED TOWARDS ANY DISCOUNTED SPA PACKAGES, TOP 5 SPAHHHH SERVICES OR ANY OTHER DISCOUNTED SERVICE.

# massage therapy

## Back, Neck and Shoulder Massage

\$50 – 30 min | \$10 – Add Aromatherapy

Escape and de-stress with our invigorating therapeutic massage, imparting a sense of renewal, balance, and harmony.

## Swedish Massage

\$90 – 60 min | \$130 – 90 min

\$425 – 5 visit card | \$850 – 10 visit card (11th visit is free!)

Let your tension melt away with this rejuvenating service. This traditional massage will increase circulation, cleanse toxins stored in the muscles, and leave you feeling thoroughly refreshed.

## Deep Swedish Massage

\$95 – 60 min | \$135 – 90 min

\$450 – 5 visit card | \$900 – 10 visit card (11th visit is free!)

There is nothing better than a massage with just the right pressure to melt away your tension. This massage will increase circulation, cleanse toxins stored in the muscles, and leave you feeling thoroughly refreshed.

## Deep Tissue Massage

\$100 – 60 min | \$145 – 90 min

\$475 – 5 visit card | \$950 – 10 visit card (11th visit is free!)

A Therapeutic massage that incorporates deep work in the areas that you may be experiencing pain, and Swedish-style massage in remaining areas.

## Neuromuscular Plus Massage

\$110 – 60 min | \$155 – 90 min

\$525 – 5 visit card | \$1050 – 10 visit card (11th visit is free!)

Deep massage therapy using a mixture of therapeutic techniques that includes Neuromuscular Therapy techniques to customize your treatment. This massage targets problems such as fibromyalgia, arthritis, TMJ, and more.

## Blissful Stone Massage

\$110 – 60 min | \$160 – 90 min

Restore and balance the body and mind with exotic oils infused with mandarin, lavender, patchouli, and geranium essential oils. Warmed river stones are used to customize the massage to soothe tired, sore muscles.

## Hot Bamboo Massage

\$120 – 60 min | \$170 – 90 min

Bamboo symbolizes suppleness and resilience, straightforwardness and simplicity. This massage, paired with heat and essential oils, is just the right combination. The bamboo helps to provide lymphatic drainage, and the effect on circulation is immediate. The rolling and sliding of the bamboo on the body has a direct effect on the lymph, blood, and interstitial fluids as it promotes drainage and tissue regeneration. Also, this massage reduces tension, makes skin more supple, relieves tightness in muscles and tendons, restructures the silhouette, and relaxes the body and mind.

## Couples Massage Indulgence

\$200 – 60 min *(Per couple)*

A unique experience to be shared with the one you love, and individually customized. Our couples massage is paired with aromatherapy and gentle exfoliation to awaken the senses. Start by choosing an essential oil to best suit your individual needs. Finally, enjoy with a relaxing Swedish massage that will melt your stress away. This treatment will leave you relaxed and invigorated. Can be upgraded to a therapeutic massage.

# specialty massage

## Prenatal Massage

\$110 – 60 min | \$155 – 90 min

Our Prenatal Massage is the perfect combination of Swedish and Therapeutic massage techniques to aid in relieving discomfort and relax your mind and spirit.

***Massage Therapy is not recommended for women in their first trimester. It is highly beneficial for women and their babies in the second and third trimester.***

## Reflexology

\$50 – Hands (25 min) | \$70 – Feet (40 min)

Indulge in our invigorating Reflexology massage for a customized experience, guaranteed to decrease stress and pain in the reflex areas of the hands and feet.

# body wraps and body scrubs

*Enjoy the gentle soothing cascading waters of our Vichy Shower. Since Ancient Greece, this form of hydrotherapy has been used to relax aching muscles, and detoxify and renew the body. (Vichy shower not available at our DiamondHead Beach Resort & Spa location)*

## Dilo Rescue Wrap



\$110

Pure Fiji Treatment

The Dilo Rescue wrap will help soothe sunburns and other skin irritations by using a balanced combination of coconut oil and aloe, high in vitamins A, C and E. This treatment will gently hydrate and revitalize your skin, providing instant relief.

## Sugar Scrub Perfecting Body Treatment



\$150

Pure Fiji Treatment

This rejuvenating body treatment begins with exfoliating the skin by gently applying Pure Fiji’s AHA Perfecting Masque using warm beach stones. Next, the skin is buffed to perfection using the sugar rub to remove dead skin cells and restore the skin with antioxidants and nutrient rich oils. Finished by sealing and protecting the skin with Refining Botanical Balmake, with pure leaf hydrosols, leaving the body relaxed, and the skin glowing.

## Island Hydrating Wrap



\$130

Pure Fiji Treatment

Hydrating your skin and detoxifying your system, this treatment will leave your mind renewed and body restored. The wrap begins with gently dry brushing your skin and applying warm oil containing vitamins and antioxidants. You are then wrapped, while a warm oil scalp massage and mini cold stone facial relieves your tension. This treatment leaves your body hydrated and at ease.

## Back Detox

\$90

Give your back the well needed attention that it deserves with our signature back treatment. This treatment thoroughly cleanses and exfoliates the skin. Followed by steam, light massage, extractions, mud mask, and a wonderful moisturizing treatment. This is an indulgent service for a neglected area and beneficial for those suffering from acne on the back.

# hands and feet

## Paradise Manicure



\$60

Pure Fiji Treatment

Enjoy a soak in a coconut milk bath, with an exfoliation of naturally occurring alpha hydroxyls in a pure cane sugar infused with essential oils, enzymes, and coconut oil. A warm body butter wrap for your hands will moisturize an revive your skin. Milk proteins set in motion a firming process to reduce the appearance of fine lines. To finish, a rich lotion is applied and gently massaged into the arms.

## Time Out For Toes

\$35

Enjoy a warm and relaxing foot soak, followed by a trim, file and polish. This pedicure is quick, but does the trick! *30 min*

## Paradise Pedicure



\$70

Pure Fiji Treatment

Soak in a cleansing, coconut milk bath, followed by an exfoliation of natural occurring alpha hydroxyls in a pure cane sugar infused with essential oils, enzymes, and coconut oil. A warm body butter wrap is applied to the feet, and your legs are massaged with warm coconut massage oil. Finished with filing, cuticle care, and choice of polish.

## Royal Treat

\$60

\$10 – Add paraffin

Start with an indulgent foot soak, followed by a trim, file, and cuticle care. Next, enjoy a foot scrub, with your choice of brown sugar or sea salt, mixed with essential oils that offer an aromatherapy experience. Finished with a relaxing foot and leg massage using a special blend of natural ingredients.

## Aqua Detox Foot Treatment

\$35

This treatment aids the body in re-balancing it’s Bioenergetic field, which regulates the supply of oxygen and nutrients to the tissue, and the excretion of toxins. Helping your body to restore it’s natural healing energy levels. *\*Available at our Ft Myers Beach South location only.*

## Mana ia Pedicure

\$60

Enjoy a soothing, cleansing, warm coconut milk soak, followed by an exfoliation. Next, a nourishing body butter masque is applied to hydrate your skin. Finished with a lower leg and foot massage.

## Paraffin

\$10

(hands or feet) add to any treatment

Relax while we submerge your hands and/or feet in a warm mixture of essential oils, jojoba oil, and paraffin. This is a wonderful treatment for those suffering from arthritis, fibromyalgia, or every day aches and pains.

## Express Manicure

\$35

We spruce up your nails and cuticles, and treat you to a hand massage, and polish.

## Polish Change

(includes filing)

\$20

## Shellac

Polish (includes filing)	\$25
Manicure	\$55
Removal	\$10

## Add to any treatment (hands or feet)

French Polish	\$10
Nail Art	from \$5 (per nail)

# skin care

## Mini Facial

\$55

This facial is quick, but does the trick! Includes a cleanse, exfoliation, facial massage, and toner to finish.

## Lactic Lightning

\$110

An alternative to microdermabrasion, this treatment reduces fine lines and wrinkles, minimizes pore size, targets hyperpigmentation, and stimulates cell renewal to help smooth skin, and improve texture and tone. This treatment includes cleansing, Lactic Acid peel, facial massage, extractions, mask, toner, and moisturizer. Finished with a hand, foot, neck, and décolleté massage.

## Teen Facial (Ages 15-19)

\$85

A beneficial treatment promoting early habits for great skin care. This treatment includes thorough skin analysis, deep cleansing, exfoliation, facial massage, extractions, mask, toner and moisturizer. Finished with a hand, foot, neck, and décolleté massage.

## Get-the-Red-Out Facial

\$95

For those who have overindulged in the sun, this facial treatment helps to ease the discomfort of sunburned skin, while repairing damaged cells. This facial includes a hand, foot, neck, décolleté, and scalp massage, guaranteed to leave you relaxed and your skin relieved and hydrated.

## Age Renewal, Revitalizing Anti-Aging Facial

\$100

Turn back the hands of time with this relaxing and rejuvenating skin renewal facial that restores the skin’s elasticity and suppleness. This facial will stimulate, exfoliate, and nourish your skin to re-establish softness and vibrancy. Paired with a relaxing hand, foot, neck, décolleté, and scalp massage.

## European Relaxation Facial

\$85

This treatment begins with a thorough skin analysis. Then a cleanse, exfoliation, and facial massage. Followed by extractions (if needed). A mask based on your skin type is applied, while your mask setting you will be pampered with a hand, foot, neck, and décolleté massage. Finished with toner and moisturizer.

## Microdermabrasion

\$150

Look younger, healthier and refreshed with this treatment. Microdermabrasion targets the thicker, uneven, outer layer of the skin. This rejuvenation therapy is used to treat superficial wrinkles, large pores, acne, light scarring, discoloration, and sun damage. As we age, our collagen production declines, resulting in looser, uneven skin. Microdermabrasion also helps to thicken your collagen, which results in a younger looking complexion. Finished with a hand, foot, neck, décolleté, and scalp massage!

## Dermaplaning Facial

\$150

A simple and safe procedure for exfoliating the face and ridding the skin of excess facial hair. This is also a great treatment for pregnant and nursing women who are looking for deep exfoliation. If you are concerned that the hair will grow back heavier and darker, no need to worry. As long as the hair is superficial vellus hair, it will grow back at the same rate and texture as before. Dermaplaning allows products and peels to penetrate deeper into the layers of the skin. A great option for those with rough, dry skin, superficial hyperpigmentation, mild acne, scarring, or fine lines and wrinkles. This facial will leave your skin with a glowing youthful appearance. Finished with a face, hand, foot, neck, décolleté, and scalp massage.

## spa packages

*18% Gratuity will be automatically charged to all packages. SpaFinder and/or SpaWish cards, and gift certificates can not be used to pay for any packages.*

Pamper Me \$198

One-hour Swedish Massage, Paradise Manicure, and Paradise Pedicure.  
*Approx. 3 hours*

Sweet Serenity \$221

One-hour Swedish Massage, European Facial, and Paradise Pedicure.  
*Approx. 3 hours*

Drift Away \$275

One-hour Swedish Massage, European Facial, Paradise Manicure, and Paradise Pedicure. *Approx. 4 hours*

Couples Retreat \$207

One-hour Couples Massage Indulgence and Island Hydrating Wrap. *Approx. 3 hours*

Escape \$315

One-hour Swedish Massage, Sugar Rub Perfecting Body Treatment, Paradise Manicure, and Paradise Pedicure. *Approx. 4 hours*

## pampered princess

*12 years and younger.*

Princess Pedicure \$40

Begins with a royal foot soak, trim, file, light massage, polish, and nail art (2 toes).

Princess Manicure \$30

Trim, file, light massage, polish, and nail art (2 fingers).

Princess Braids \$15

Princess Package \$76.50

Princess Manicure, Princess Pedicure, and Princess Braids. *Approx. 90 minutes*

## gift certificates

Available in any dollar amount on all services and products.

## ask about our bridal packages

Congratulations! We know this is one of the most important times of your life and the Esterra Spa & Salon team would love to be a part of it. Please give us a call for a complimentary consultation with our Spa Director. We can't wait to meet you!